

# **GOSPORT AND FAREHAM BRANCH OF THE MULTIPLE SCLEROSIS SOCIETY**

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Dear All

It doesn't seem possible but it's time for another newsletter. Where does time go!

AGM - if this newsletter reaches you in time (and I hope it will) a reminder of our AGM on Saturday 6<sup>th</sup> June starting 11 am and to be held at St Mary's Parish Centre Green Rd Gosport.

Steve Manley from Health Watch Hampshire will be giving a presentation on their work. This will be followed by a light lunch.

Do come along to our Annual General Meeting and give us your support - it will be an opportunity to meet up.

Outing to Wilton House - Salisbury on Monday 13<sup>th</sup> July.

I enclose a booking form for this trip, which I know will be very enjoyable. It really is a lovely spot and Sian has booked us in for afternoon tea. Return your form directly to her.

Quiz Evening with Fish and chip supper

Karen has organized another Quiz and Fish and Chip supper at Stubbington Community Centre on Friday 26<sup>th</sup> June. I enclose a booking form for what is always a very enjoyable evening (Paul and Robert are doing the Quiz).

Please return to Karen by Friday 19<sup>th</sup> June

MSaTHON June 2015

Wheelchair user Mike Homer whose daughter has MS is raising funds for MS Research.

He is doing this by travelling by train in his wheelchair and trying to visit as many of the 300 M.S. Branches as possible in 10 days.

He leaves to start his journey from Fareham Railway Station on Monday 15<sup>th</sup> June on the 13.27 train. Several of us are going to see him off and show our support. His first stop is Winchester. You can give on line at [www.justgiving.com/Mike-Homer/](http://www.justgiving.com/Mike-Homer/) . Mike has put a lot of time and effort into the planning of this event.

M.S. Society and Revitalise match funding for respite holidays. Revitalise have contacted me to make sure that members are aware of their respite holidays and the match funding scheme they have with the M.S. Society.

There are centres in Essex, Southampton and Southport where they offer a friendly holiday style atmosphere with excursions and in-house entertainment alongside 24 hour on call nursing care.

Booking has to be done through the National Centre. They then contact Vitalise and tell them what they are funding and Vitalise come up with the rest!

I can help with approaching the National Centre Grants Department if you would prefer.

Store Collection - Karen is hoping to confirm that we will be having a collection in Fareham Shopping Centre in July and is awaiting confirmation so will be looking for collectors who could spare an hour then.

M.S. Research Talk - Salisbury

Salisbury 10<sup>th</sup> June starting 6.00pm and ending about 8.30pm. Refreshments available at 5.30pm. To be held at the Mercure White Hart Hotel, 1 St John Street, Salisbury SP1 2SD. Free parking is available on site on a 1<sup>st</sup> come 1<sup>st</sup> served basis.

The talk has been organized by the M.S. Society conference Team and will highlight topics such as Stem cell therapy, clinical trial news and the latest achievements in the M.S Research field. Booking is essential on [eventbrite.co.uk](http://eventbrite.co.uk) Call 02084380891 for more details

You can also book for a - Living with MS day at Reading on Sat 18<sup>th</sup> July at 10am on the Eventbrite site.

There is a lot of excellent information about the new generation of M.S. Research which hopefully holds incredible promise available on the M.S Society's website, some of the past lectures are on video there.

Diary - I enclose a diary with this newsletter giving the dates for our various activities - physio, craft, yoga, chalet visits, pub-get-togethers etc. You can be sure of a warm welcome.

We take August off in order to re-charge our batteries and these are the dates of the last activities:-

|  |                                     |
|--|-------------------------------------|
| Physio - ' last date 23 <sup>rd</sup> July | restarts 3 <sup>rd</sup> September  |
| Yoga - last date 28 <sup>th</sup> July     | restarts 8 <sup>th</sup> September  |
| Craft - last date 13 <sup>th</sup> July    | restarts 14 <sup>th</sup> September |

Well I think that's enough from me. Enjoy the summer when it comes

Very best wishes Juliette

