

Gosport and Fareham branch of the Multiple Sclerosis Society

Activity Programme – April-June 2015

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Date	What	Where
Monday, April 13, 11am	Craft	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Tuesday, April 14, 1:00-3:30pm	Fatigue Management	The Masonic Hall, Clarence Road, Gosport, PO12 1BB
Thursday, April 16, 10.30am	Physio – MS nurse attending	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, April 21, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Tuesday, April 21, 1:00-3:30pm	Fatigue Management	The Masonic Hall, Clarence Road, Gosport, PO12 1BB
Wednesday, April 22, 7pm	Talk on continence	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Thursday, April 23, 11.30am	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
Saturday, April 25, 11am-5pm	Pamper Day	Crofton Community Centre, Stubbington Lane, Fareham PO14 2PP
Tuesday, April 28, 9am	Stall in Gosport market	High Street, Gosport – as part of MS Week
Tuesday, April 28, 1:00-3:30pm	Fatigue Management	The Masonic Hall, Clarence Road, Gosport, PO12 1BB
Thursday, April 30, 10.30am	Physio – cheque presentation	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Saturday, May 2, 9am	Stall in Gosport market	High Street, Gosport – as part of MS Week
Tuesday, May 5, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Tuesday, May 5, 1:00-3:30pm	Fatigue Management	The Masonic Hall, Clarence Road, Gosport, PO12 1BB
Thursday, May 7, 11.30am	Coffee morning	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Monday, May 11, 11am	Craft	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Tuesday, May 12, 1:00-3:30pm	Fatigue Management	The Masonic Hall, Clarence Road, Gosport, PO12 1BB
Thursday, May 14, 10.45am	Physio – MS nurse attending	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, May 19, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Tuesday, May 19, 1:00-3:30pm	Fatigue Management	The Masonic Hall, Clarence Road, Gosport, PO12 1BB
Thursday, May 21, 11.30am	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
Wednesday, May 27, 11.30am	Hillhead Chalet	Salterns Lane, Hillhead, PO14 3LR
Thursday, May 28, 10.45am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, June 2, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, June 4, 11.30am	Coffee morning	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Saturday, June 6, 11am	AGM – followed by lunch	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Monday, June 8, 11am	Craft	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Thursday, June 11, 10.45am	Physio – MS nurse attending	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET

Tuesday, June 16, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Wednesday, June 17, 11.30am	Hillhead Chalet	Salterns Lane, Hillhead, PO14 3LR
Thursday, June 18, 11.30am	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
Thursday, June 25, 10.45am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, June 30, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
CONTACTS		
General queries	Juliette Hewitt	02392 581406
Yoga/coffee mornings/chalet	Mave Hiseman	02392 641124
Craft	Ruth Moorhen	01329 318451
Fund-raising	Karen Reeves	01489 570450
Chairman	George McAleese	07825 410680
Treasurer	John Habberley	01489 572899
Welfare	Julie Hawksworth	01329 510819
Social secretary	Siân Barker	07896 140157

Hoping you enjoy all our activities!
 You will be made very welcome at all of them.