

## Gosport and Fareham Multiple Sclerosis Society Activity Programme – April to June 2014

<b>Date</b>	<b>What</b>	<b>Where</b>
Thursday, April 10, 11.30am	Coffee morning	Golden Bowler, 122 Stubbington Lane, Stubbington, PO12 2NQ
Saturday, April 12, 11am-4pm	Pamper Day	Crofton Community Centre, Stubbington Green. Tickets available on the door: £1
Monday, April 14, 11am	Craft with Lorraine: flower painting	Golden Bowler, 122 Stubbington Lane, Stubbington, PO12 2NQ
Thursday, April 17, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, April 22, 10.45am	Yoga	HEDCA, Coombe Road, Elson, PO12 4JB
Thursday, April 24, 11.30am	Coffee morning	The Bun Penny. Manor Way, Lee-on-the Solent, PO13 9J8
Saturday, April 26, from 9am	Collection	Sainsbury's Broadcut, Fareham. Phone Karen 01489 570450 if you can help.
Tuesday, April 29, from 9am	Book stall	Gosport market, High Street, Gosport. Contact George 07825 410680 if you can help.
Thursday, May 1, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, May 6, 10.45am	Yoga	HEDCA, Coombe Road, Elson, PO12 4JB
Thursday, May 8, 11.30am	Coffee morning	Golden Bowler, 122 Stubbington Lane, Stubbington, PO12 2NQ
Monday, May 12, 11am	Craft morning – jewellery-making	Golden Bowler, 122 Stubbington Lane, Stubbington, PO12 2NQ
Thursday, May 15, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, May 20, 10.45am	Yoga	HEDCA, Coombe Road, Elson, PO12 4JB
Wednesday, May 21, 11.30am	Chalet visit	Hillhead Chalet, Salterns Lane, Hillhead, PO14 3LR
Thursday, May 22, 11.30am	Coffee morning	The Bun Penny. Manor Way, Lee-on-the Solent, PO13 9J8

<b>Saturday, May 24, 12-4pm</b>	<b>Abseiling event</b>	<b>Spinnaker Tower, Gunwharf Quays, Portsmouth</b>
<b>Thursday, May 29, 10.30am</b>	<b>Physio</b>	<b>St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET</b>
<b>Tuesday, June 3, 10.45am</b>	<b>Yoga</b>	<b>HEDCA, Coombe Road, Elson, PO12 4JB</b>
<b>Thursday, June 5, 11.30am</b>	<b>Coffee morning</b>	<b>Golden Bowler, 122 Stubbington Lane, Stubbington, PO12 2NQ</b>
<b>Saturday, June 7. 11.30am</b>	<b>AGM and lunch</b>	<b>St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET</b>
<b>Monday, June 9, 11am</b>	<b>Craft – TBA</b>	<b>Golden Bowler, 122 Stubbington Lane, Stubbington, PO12 2NQ</b>
<b>Tuesday, June 10, 9.30am</b>	<b>Outing to Beaulieu</b>	<b>Meet Ferneham Hall Car Park, Fareham</b>
<b>Thursday, June 12, 10.30am</b>	<b>Physio</b>	<b>St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET</b>
<b>Thursday, June 19, 11.30am</b>	<b>Coffee morning</b>	<b>The Bun Penny. Manor Way, Lee-on-the Solent, PO13 9J8</b>
<b>Monday, June 23, 11.30am</b>	<b>Chalet visit</b>	<b>Hillhead Chalet, Salterns Lane, Hillhead, PO14 3LR</b>
<b>Thursday, June 26, 10.30am</b>	<b>Physio</b>	<b>St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET</b>

## **CONTACTS**

<b>General inquiries</b>	<b>Juliette Hewitt</b>	<b>02392 581406</b>
<b>Yoga/coffee morning/chalet</b>	<b>Maeve Hiseman</b>	<b>02392 641124</b>
<b>Craft</b>	<b>Ruth Moorhen</b>	<b>01329 318451</b>
<b>Fundraising</b>	<b>Karen Reeves</b>	<b>01489 570450</b>
<b>Chairman</b>	<b>George McAleese</b>	<b>07825 410680</b>
<b>Treasurer</b>	<b>John Habberley</b>	<b>01489 572899</b>