

Gosport and Fareham Multiple Sclerosis Group – March-June 2017

Date	What	Where
Thursday, March 30, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, April 4, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Friday, April 7, from 9am-5pm	Store collection –Steve 07976 054003	Sainsbury's, Broadcut, Fareham PO16 8SU
Saturday, April 8, 2.30-5pm	Children's education day	St Francis Church, Clayhall Road, Clayhall, Alverstoke, PO12 2AY
Monday, April 10, 11am	Craft – Rachel	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Thursday, April 13, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, April 18, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Wednesday, April 19, 2-4pm	Tea and chat –Jo 07758 699080	Gosport Discovery Centre (ie Library), High Street, Gosport PO12 1BT
Sunday, April 23	START OF MS WEEK	
Tuesday, April 25, 9am-1pm	Stall in Gosport High Street	Contact George if you can help: 07825 410680
Thursday, April 27, 10.30am	Physio – Nurse attending	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Friday, April 28, 10am-3pm	Open house and garden drop-in	Siân Barker's home, 42 Blackbrook Road, Fareham, PO15 5DQ
Tuesday, May 2, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Monday, May 8, 11am	Craft – Painting pottery	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Wednesday, May 10, 11.30am	Hillhead Chalet	The Wheel House Chalet. Salterns Lane Hillhead PO14 3LR.
Thursday, May 11, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, May 16, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Wednesday, May 17, 2-4pm	Tea and chat –Jo on 07758 699080	Gosport Discovery Centre (ie Library), High Street, Gosport PO12 1BT
Thursday, May 25, 10.30am	Physio – Nurse attending	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, May 30, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Wednesday, May 31	WORLD MS DAY	
Thursday, June 1, 1.30-3.30pm	Fatigue Management course starts	Gosport Masonic Hall, 5 Clarence Road, Gosport, PO12 1BB
General queries	Juliette Hewitt	02392 581406
Yoga/coffee mornings/chalet	Mave Hiseman	02392 641124
Craft	Ruth Moorhen	01329 318451
Chairman	George McAleese	07825 410680
Treasurer	John Habberley	01489 572899
Welfare – if you would like a chat!	Julie Hawksworth	01329 510819
Social secretary	Siân Barker	07896 140157
Fundraiser	Steve Irving	07976 054003
Monthly library meeting	Jo Bardall	07758 699080

