

Gosport and Fareham Multiple Sclerosis Society

Activity Programme – January-March 2016

Date	What	Where
Monday, January 11, 11am	Craft with Rachel	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Tuesday, January 12, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, January 14, 11.30am	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
Thursday, January 21, 10.30am	Physio with MS nurse	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Friday, January 22, 9am-4pm	Store collection	Tesco's Whiteley, Whiteley Village, Whiteley Way, Fareham, Hampshire PO15 7LL
Tuesday, January 26, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, January 28, 11.30am	Coffee morning	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Thursday, February 4, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Monday, February 8, 11am	Craft – jewellery	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Tuesday, February 9, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, February 11, 11.30am	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
Thursday, February 18, 10.30am	Physio with MS nurse	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, February 23, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, February 25, 11.30am	Coffee morning	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Thursday, March 3, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, March 8, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, March 10, 11.30am	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
Monday, March 14, 11am	Craft – pottery	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Thursday, March 17, 10.30am	Physio with MS nurse	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Thursday, March 24, 11.30am	Coffee morning	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Thursday, March 31, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Thursday, April 7, 11.30am	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
General queries	Juliette Hewitt	02392 581406 Wishing you're a very Happy New Year !
Yoga/coffee mornings/chalet	Mave Hiseman	02392 641124
Craft	Ruth Moorhen	01329 318451 Newsletter to follow in early February
Chairman	George McAleese	07825 410680
Treasurer	John Habberley	01489 572899
Welfare – if you would like a chat!	Julie Hawksworth	01329 510819 i
Social secretary	Siân Barker	07896 140157

