

# Gosport and Fareham branch of the Multiple Sclerosis Society

## Activity Programme – Jan-April 2015

### PLEASE PIN THIS ON YOUR FRIDGE

Date	What	Where
Tuesday, January 13, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, January 15, 11.30am	Coffee morning	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Friday, January 16, 9am-4pm	Collection	Tesco's, Gosport
Thursday, January 22, 10.30am	Physio – followed by talk on continence (after lunch)	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, January 27, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, January 29, 11.30am	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
Saturday, January 31, 9am-4pm	Collection	Fareham shopping precinct. Contact Karen on 01489 570450
Thursday, February 5, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Monday, February 9, 11am	Craft – something for the garden	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Tuesday, February 10, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, February 12, 11am	Coffee morning	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Thursday, February 19, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, February 24, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, February 26, 11.30am	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
Thursday, March 5, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Monday, March 9, 11am	Craft	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Tuesday, March 10, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, March 12, 11.30am	Coffee morning	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Thursday, March 19, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, March 24, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, March 26, 11.30am	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
Thursday, April 2, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
SEE OVER PAGE FOR ALL YOUR	BRANCH CONTACTS	

CONTACTS		
General queries	Juliette Hewitt	02392 581406
Yoga/coffee mornings/chalet	Mave Hiseman	02392 641124
Craft	Ruth Moorhen	01329 318451
Fund-raising	Karen Reeves	01489 570450
Chairman	George McAleese	07825 410680
Treasurer	John Habberley	01489 572899
Welfare	Julie Hawksworth	01329 510819
Social secretary	Siân Barker	07896 140157

Hoping you enjoy all our activities!  
You will be made very welcome at all of them.