

Gosport and Fareham Multiple Sclerosis Society Activity Programme – January-April 2014

Please print this off and stick on your fridge!

Date	What	Where
Tuesday, January 28, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, January 30, 11.30am	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
Thursday, February 6, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Saturday, February 8, 9am-4pm	Collection	Fareham Shopping Centre. Contact Karen: 01489 570450
Monday, February 10, 11am	Craft morning with Valentine theme	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ With Rachael
Tuesday, February 11, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, February 13, 11.30am	Coffee morning	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Tuesday, February 18, 1.30-3.30pm	Fatigue management	The Masonic Hall, Clarence Road, Gosport, PO12 1BB
Thursday, February 20, 10.30am	Physio with MS nurse	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, February 25, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Tuesday, February 25, 1.30-3.30pm	Fatigue management	The Masonic Hall, Clarence Road, Gosport, PO12 1BB PLEASE NOTE THIS IS THE CORRECT DATE FOR THIS EVENT. FEB 24 IN THE NEWSLETTER WAS A MISTAKE!
Thursday, February 27, 11.30	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
Tuesday, March 4, 1.30-3.30pm	Fatigue management	The Masonic Hall, Clarence Road, Gosport, PO12 1BB
Thursday, March 6, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Monday, March 10, 11am	Craft morning – glazing the pottery we have made	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Tuesday, March 11, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Tuesday, March 11, 1.30-3.30pm	Fatigue management	The Masonic Hall, Clarence Road, Gosport, PO12 1BB
Thursday, March 13, 11.30am	Coffee morning	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Tuesday, March 18, 1.30-3.30pm	Fatigue management	The Masonic Hall, Clarence Road, Gosport, PO12 1BB

Thursday, March 20, 10.30am	Physio with MS nurse	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, March 25, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Tuesday, March 25, 1.30-3.30pm	Fatigue management	The Masonic Hall, Clarence Road, Gosport, PO12 1BB
Thursday, March 27, 11.30am	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
Thursday, April 3, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Friday, April 4, from 9am	Collection	Gosport Morrisons. Contact Karen: 01489 570450
Saturday, April 5, from 9am	Collection	Gosport Morrisons. Contact Karen: 01489 570450
Tuesday, April 8, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, April 10, 11.30am	Coffee morning	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Saturday, April 12, 11am-4pm	Pamper Day	Crofton Community Centre, Stubbington Lane, PO14 2PP. Tickets £1 from Karen: 01489 570450
Monday, April 14, 11am	Craft with Lorraine – flower painting	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Thursday, April 17, 10.30am	Physio with MS nurse	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, April 22, 10.45	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, April 24, 11.30am	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
Tuesday, April 29, from 9am	Book stall	Gosport market, High Street, Gosport. Contact George if you can help: 07825 410680
Thursday, May 1, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Saturday, May 3, from 9am	Book stall	Gosport market, High Street, Gosport. Contact George if you can help: 07825 410680
ADVANCE NOTICE	AGM WILL BE ON	SATURDAY, JUNE 7 AT ST MARY'S PARISH CENTRE, 11.30am Followed by light lunch
CONTACTS		
General queries	Juliette Hewitt	02392 581406
Yoga/coffee mornings/chalet	Mave Hiseman	02392 641124
Craft	Ruth Moorhen	01329 318451
Fund-raising	Karen Reeves	01489 570450
Chairman	George McAleese	07825 410680
Treasurer	John Habberley	01489 572899

