

Gosport and Fareham Multiple Sclerosis Group –Aug-Dec 2017

Date	What	Where
Saturday, August 26, 4pm	Abseiling at Spinnaker Tower, Gunwharf	Come and support Martin Hale go down the tower!
Tuesday, September 5, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Monday, September 11, 11am	Craft – with Rachael	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Wednesday, September 13, 11.30am	Hillhead chalet	The Wheel House Chalet, Salterns Lane Hillhead PO14 3LR
Thursday, September 14, 10.30am	Physio – nurse attending	St Mary’s Parish Centre, Green Road, Alverstoke, PO12 2ET
Saturday, September 16, from 9am	Collection – Fareham shopping centre	to help, call Steve 07976 054003
Tuesday, September 19, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Wednesday, September 20, 2-4pm	Tea and Chat. Jo on 07758 699080	Gosport Discovery Centre ie the library, High Street, PO12 1BT
Friday, September 22, 7.30pm	Harp concert – Elizabeth-Jane Baldry	St Mary’s church, Portchester (see newsletter)
Tuesday, September 26, 6.30pm	Dinner – contact Siân Barker on 07896 140157	The Bun Penny, 36 Manor Way, Lee-on-the-Solent, PO13 9JH
Thursday, September 28, 10.30am	Physio	St Mary’s Parish Centre, Green Road, Alverstoke, PO12 2ET
Saturday, September 30, from 11am	Michaelmas Faire, Alverstoke village	Set up at 11am prior to fair opening
Tuesday, October 3, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Monday, October 9, 11am	Craft – with Jo. Making Christmas cards	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Thursday, October 12, 10.30am	Physio – nurse attending	St Mary’s Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, October 17, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Wednesday, October 18, 2-4pm	Tea and Chat. Jo on 07758 699080	Gosport Discovery Centre ie the library, High Street, PO12 1BT
Thursday, October 26, 10.30am	Physio	St Mary’s Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, October 31, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, November 9, 10.30am	Physio – nurse attending	St Mary’s Parish Centre, Green Road, Alverstoke, PO12 2ET
Monday, November 13, 11am	Craft	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Tuesday, November 14, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Wednesday, November 15, 2-4pm	Tea and Chat. Jo on 07758 699080	Gosport Discovery Centre ie the library, High Street, PO12 1BT
Thursday, November 23, 10.30am	Physio	St Mary’s Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, November 28, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, December 7, 10.30am	Physio – nurse attending	St Mary’s Parish Centre, Green Road, Alverstoke, PO12 2ET

General queries – Juliette Hewitt 02392 581406; **Yoga/coffee mornings/chalet** – Mave Hiseman 02392 641124; **Craft** – Ruth Moorhen 01329 318451; **Chairman** – George McAleese 07825 410680; **Treasurer** – John Habberley 01489 572899; **Welfare** (if you would like a chat!) – Julie Hawksworth 01329 510819; **Social secretary** – Siân Barker 07896 140157; **Fundraiser** – Steve Irving 07976 054003; **Monthly library meeting** – Jo Bardall 07758 699080.