

Gosport and Fareham Multiple Sclerosis Society

Activity Programme – Sept-Dec 2014

Date	What	Where
Thursday, September 4, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Friday, September 5, from 9am	Collection at Fareham Tescos	Contact Karen on 01489 570450
Monday, September 8, 11am	Craft morning	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Tuesday, September 9, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, September 11, 11.30am	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
Wednesday September 17, 11.30am	Chalet Visit	Hillhead Chalet, Salterns Lane, Hillhead, PO14 3LR
Thursday, September 18, 10.30am	Phyio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, September 23, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Tuesday, September 23, 1.30pm	Fatigue management course	Gosport Masonic Hall, 5 Clarence Rd, PO12 1BB
Thursday, September 25, 11.30am	Coffee morning	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Saturday, September 27, 12 noon	Michaelmas fair	Alverstoke Village
Tuesday, September 30, 1.30pm	Fatigue management course	Gosport Masonic Hall, 5 Clarence Rd, PO12 1BB
Thursday, October 2, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, October 7, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Tuesday, October 7, 1.30pm	Fatigue management course	Gosport Masonic Hall, 5 Clarence Rd, PO12 1BB
Thursday, October 9, 11.30am	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
Monday, October 13, 11am	Craft - pottery	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Tuesday, October 14, 1.30pm	Fatigue management course	Gosport Masonic Hall, 5 Clarence Rd, PO12 1BB
Thursday, October 16, 10.30am	Physio – nurse coming	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, October 21, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Tuesday, October 21, 1.30pm	Fatigue management course	Gosport Masonic Hall, 5 Clarence Rd, PO12 1BB
Thursday, October 23, 11.30am	Coffee morning	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Tuesday, October 28, 1.30pm	Fatigue management course	Gosport Masonic Hall, 5 Clarence Rd, PO12 1BB
Thursday, October 30, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, November 4, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, November 6, 11.30am	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
Monday, November 10, 11am	Craft - jewellery	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Thursday, November 13, 10.30am	Physio – nurse coming	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, November 18, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, November 20, 11.30am	Coffee morning	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ

Thursday, November 27, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, December 2, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, December 4, 11.30am	Coffee morning	The Bun Penny, Manor Way, Lee-on-the-Solent, PO13 9JH
Saturday, December 6, 1.30pm	Christmas bazaar	Nicholson & David Bogue Halls, St. Andrews Road, PO12 1QA
Monday, December 8, 11am	Craft – something festive!	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Thursday, December 11, 10.30am	Physio – nurse coming	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, December 16, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
CONTACTS		
General queries	Juliette Hewitt	02392 581406
Yoga/coffee mornings/chalet	Mave Hiseman	02392 641124
Craft	Ruth Moorhen	01329 318451
Fund-raising	Karen Reeves	01489 570450
Chairman	George McAleese	07825 410680
Treasurer	John Habberley	01489 572899
Welfare	Julie Hawksworth	01329 510819

PIN THIS ON YOUR FRIDGE!

**Hoping you enjoy all our activities!
You will be made very welcome at all of them.**