

## Gosport Fareham MS Group

**Mon 29 Apr 2019**

**1:45pm - 3:45pm Pilates**

**Where:** Lee-On-Solent Community Association, 51 Twyford Dr, Lee-on-the-Solent PO13 8JU, UK  
**Description:** Contact Jenny 07974 660461

**Tue 30 Apr 2019**

**10:45am - 12:45pm Yoga**

**Where:** Hardway Elson & Districts Community Association, Coombe Rd, Gosport PO12 4JB, UK  
**Description:** Contact Mave 07789 511124

**Wed 1 May 2019**

**11:30am - 2pm Highlands Moot**

**Where:** The Highlands Hub, 103 Highlands Rd, Fareham PO15 6HZ, UK  
**Description:** Join Lorraine for a chat over coffee and cake 07504 620979

**11:30am - 2pm Wheelhouse Chalet**

**Where:** Salterns Lane, Hillhead, PO14 3LR  
**Description:** Contact Yvonne on 01329 286207

**Thu 2 May 2019**

**1:15pm - 3pm Movement with Marion**

**Where:** Titchfield Community Centre, Mill St, Titchfield, Fareham PO14 4AB, UK  
**Description:** Contact Jenny on 07974 660461

**Fri 3 May 2019**

**11:30am - 2:30pm Golden Bowler Moot**

**Where:** Golden Bowler Inn, 122 Stubbington Ln, Fareham PO14 2NQ, UK  
**Description:** Contact Di on 07990 554656 or Penny on 07776 304359

**Tue 7 May 2019**

**10:30am - 3:30pm Road Trip**

**Where:** The George and Falcon, Warnford Rd, Warnford, Southampton SO32 3LB, UK  
**Description:** Contact Steve 07976 054003 if want to join in the fun

**Wed 8 May 2019**

**10:30am - 12:30pm Team meeting**

**Where:** Lee-On-Solent Community Association, 51 Twyford Dr, Lee-on-the-Solent PO13 8JU, UK

**2pm - 4pm Westbury Manor Museum Moot**

**Where:** Westbury Manor Museum, Westbury Manor, 84 West St, Fareham PO16 0JJ, UK  
**Description:** Contact Jo on 07758 699080

**Thu 9 May 2019**

**10:30am - 1pm Physio-led exercise class**

**Where:** St Marys Parish Centre, Alverstoke, Hants, PO12 2AL  
**Description:** Contact Juliette 02392 581406

**Sat 11 May 2019**

**9am - 5pm Flag Collection**

**Where:** Asda Gosport Superstore, Cranbourne Industrial Estate, Dock Rd, Gosport PO12 1SH, UK  
**Description:** Contact Steve if you can help 07976 054003

# Gosport Fareham MS Group

**Mon 13 May 2019**

**11am - 1pm Craft**

**Where:** Golden Bowler Inn, 122 Stubbington Ln, Fareham PO14 2NQ, UK

**Description:** Contact Ruth on 07817 358672

**1:45pm - 3:45pm Pilates**

**Where:** Lee-On-Solent Community Association, 51 Twyford Dr, Lee-on-the-Solent PO13 8JU, UK

**Description:** Contact Jenny 07974 660461

**Tue 14 May 2019**

**10:45am - 12:45pm Yoga**

**Where:** Hardway Elson & Districts Community Association, Coombe Rd, Gosport PO12 4JB, UK

**Description:** Contact Mave 07789 511124

**Wed 15 May 2019**

**2pm - 4pm Discovery Centre Moot**

**Where:** Gosport Discovery Centre, High St, Gosport PO12 1BT, UK

**Description:** Contact Jo on 07758 699080

**Sat 18 May 2019**

**6pm - 11pm Race Night**

**Where:** Lee-On-Solent Community Association, 51 Twyford Dr, Lee-on-the-Solent PO13 8JU, UK

**Description:** Contact Tina on 07970 539235

**Mon 20 May 2019**

**2pm - 4pm Mat based exercises with Marion**

**Where:** Lee-On-Solent Community Association, 51 Twyford Dr, Lee-on-the-Solent PO13 8JU, UK

**Wed 22 May 2019**

**12pm - 3pm Strawberry Field Moot**

**Where:** Locks Heath Centre, Centre Way, Park Gate, Southampton SO31 6DX, UK

**Description:** Contact Tina on 07970 539235

**Thu 23 May 2019**

**10:30am - 1pm Physio-led exercise class**

**Where:** St Marys Parish Centre, Alverstoke, Hants, PO12 2AL

**Description:** Contact Juliette 02392 581406

**Mon 27 May 2019**

**9am - 1pm Flag Collection**

**Where:** Walpole Park Car Park, South St, Gosport PO12 1NH, UK

**Tue 28 May 2019**

**10:45am - 12:45pm Yoga**

**Where:** Hardway Elson & Districts Community Association, Coombe Rd, Gosport PO12 4JB, UK

**Description:** Contact Mave 07789 511124

# Gosport Fareham MS Group

**Thu 30 May 2019**

**1:15pm - 3pm Movement with Marion**

**Where:** Titchfield Community Centre, Mill St, Titchfield, Fareham PO14 4AB, UK

**Description:** Contact Jenny on 07974 660461

**Mon 3 Jun 2019**

**1:45pm - 3:45pm Pilates**

**Where:** Lee-On-Solent Community Association, 51 Twyford Dr, Lee-on-the-Solent PO13 8JU, UK

**Description:** Contact Jenny 07974 660461

**Wed 5 Jun 2019**

**11:30am - 2pm Highlands Moot**

**Where:** The Highlands Hub, 103 Highlands Rd, Fareham PO15 6HZ, UK

**Description:** Join Lorraine for a chat over coffee and cake 07504 620979

**Thu 6 Jun 2019**

**10:30am - 1pm Physio-led exercise class**

**Where:** St Marys Parish Centre, Alverstoke, Hants, PO12 2AL

**Description:** Contact Juliette 02392 581406

**Fri 7 Jun 2019**

**11:30am - 2:30pm Golden Bowler Moot**

**Where:** Golden Bowler Inn, 122 Stubbington Ln, Fareham PO14 2NQ, UK

**Description:** Contact Di on 07990 554656 or Penny on 07776 304359

**Sat 8 Jun 2019**

**11am - 12:30pm AGM**

**Where:** St Mary's Parish Centre, Green Rd, Gosport PO12 2ET, UK

**Description:**

Contact Juliette on 02392 581406 Mel Attewell from MS Hampshire Support is the Guest Speaker

**Mon 10 Jun 2019**

**11am - 1pm Craft**

**Where:** Golden Bowler Inn, 122 Stubbington Ln, Fareham PO14 2NQ, UK

**Description:** Contact Ruth on 07817 358672

**1:45pm - 3:45pm Pilates**

**Where:** Lee-On-Solent Community Association, 51 Twyford Dr, Lee-on-the-Solent PO13 8JU, UK

**Description:** Contact Jenny 07974 660461

**Tue 11 Jun 2019**

**10:45am - 12:45pm Yoga**

**Where:** Hardway Elson & Districts Community Association, Coombe Rd, Gosport PO12 4JB, UK

**Description:** Contact Mave 07789 511124

**Wed 12 Jun 2019**

**2pm - 4pm Westbury Manor Museum Moot**

**Where:** Westbury Manor Museum, Westbury Manor, 84 West St, Fareham PO16 0JJ, UK

**Description:** Contact Jo on 07758 699080

## **Gosport Fareham MS Group**

**Mon 17 Jun 2019**

**1:45pm - 3:45pm Pilates**

**Where:** Lee-On-Solent Community Association, 51 Twyford Dr, Lee-on-the-Solent PO13 8JU, UK  
**Description:** Contact Jenny 07974 660461

**Wed 19 Jun 2019**

**2pm - 4pm Discovery Centre Moot**

**Where:** Gosport Discovery Centre, High St, Gosport PO12 1BT, UK  
**Description:** Contact Jo on 07758 699080

**Thu 20 Jun 2019**

**10:30am - 1pm Physio-led exercise class**

**Where:** St Marys Parish Centre, Alverstoke, Hants, PO12 2AL  
**Description:** Contact Juliette 02392 581406

**Mon 24 Jun 2019**

**1:45pm - 3:45pm Pilates**

**Where:** Lee-On-Solent Community Association, 51 Twyford Dr, Lee-on-the-Solent PO13 8JU, UK  
**Description:** Contact Jenny 07974 660461

**Tue 25 Jun 2019**

**10:45am - 12:45pm Yoga**

**Where:** Hardway Elson & Districts Community Association, Coombe Rd, Gosport PO12 4JB, UK  
**Description:** Contact Mave 07789 511124

**Wed 26 Jun 2019**

**12pm - 3pm Strawberry Field Moot**

**Where:** Locks Heath Centre, Centre Way, Park Gate, Southampton SO31 6DX, UK  
**Description:** Contact Tina on 07970 539235

**Thu 27 Jun 2019**

**1:15pm - 3pm Movement with Marion**

**Where:** Titchfield Community Centre, Mill St, Titchfield, Fareham PO14 4AB, UK  
**Description:** Contact Jenny on 07974 660461