

Gosport and Fareham Multiple Sclerosis Group

March to April 2019

DATE	ACTIVITY/EVENT	WHERE
Friday, March 1, 11:30	Golden Bowler MOOT. Contact Di 07990 554656 or Penny 07776 304359	The Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Monday, March 4, 13:45	Pilates. Contact Jenny on 07974 660461	Lee on Solent Community Centre, 51 Twyford Drive, Lee-on-Solent PO13 8JU
Tuesday, March 5, 10.45	Yoga. Contact Mave 07789 511124	HEDCA, Combe Road, Elson, PO12 4JB
Wednesday, March 6, 11:30-14:00	Highlands Hub MOOT. Contact Lorraine 07504 620979	The Highlands Hub, 103 Highlands Road, Fareham, PO15 6HZ
Thursday, March 7 13:15-15:00	Movement with Marion Contact Jenny on 07974 660461	Titchfield Community Centre, Mill St, Titchfield, Fareham, PO14 4AB
Saturday, March 9 9:00 to 17:00	FLAG COLLECTION Contact Steve Irving 07976 054003	Tesco, Whiteley, Fareham, PO15 7LL
Monday, March 11, 11:00	Craft – Please contact Ruth 07817 358672	The Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Monday, March 11, 13:45	Pilates. Contact Jenny on 07974 660461	Lee on Solent Community Centre, 51 Twyford Drive, Lee-on-Solent PO13 8JU
Wednesday, March 13, 14:00 to 16:00	Westbury Manor Museum MOOT. Contact Jo on 07758 699080	Westbury Manor Museum, Westbury Manor, 84 West Street, Fareham, PO16 0JJ
Thursday, March 14, 10:30	Physio-led exercises. Contact Juliette on 02392 581406	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Monday, March 18, 13:45	Pilates. Contact Jenny on 07974 660461	Lee on Solent Community Centre, 51 Twyford Drive, Lee-on-Solent PO13 8JU
Tuesday, March 19, 10.45	Yoga. Contact Mave Hiseman 07789 511124	HEDCA, Combe Road, Elson, PO12 4JB
Wednesday, March 20, 14:00 to 16:00	Gosport Discovery Centre MOOT. Contact Jo on 07758 699080	Gosport Discovery Centre (library), High Street, PO12 1BT

Thursday, March 21, 13:00-15:00	Movement with Marion Contact Jenny on 07974 660461	Titchfield Community Centre, Mill St, Titchfield, Fareham, PO14 4AB
Saturday, March 23, 09:00 to 17:00	FLAG COLLECTION Contact Steve Irving 07976 054003	ASDA Gosport, PO12 1SH
Monday, March 25, 13:45	Pilates. Contact Jenny on 07974 660461	Lee on Solent Community Centre, 51 Twyford Drive, Lee-on-Solent PO13 8JU
Wednesday, March 27, 12noon to 14:00	Strawberry Field Tavern MOOT, Contact Tina on 07970 539235	Strawberry Field Tavern, Locks Heath Centre, Central Way, Southampton, SO31 6DX
Thursday, March 28, 10:30	Physio-led exercises. Contact Juliette on 02392 581406	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Friday, March 29, 18:30- 20:30	Research Matters, MS Society talk on research. Book your free ticket online with Eventbrite. Contact Steve Irving 07976 054003	Crofton Community Association, Stubbington Lane, Fareham, PO14 2PP
Monday, April 1, 13:45	Pilates. Contact Jenny on 07974 660461	Lee on Solent Community Centre, 51 Twyford Drive, Lee-on-Solent PO13 8JU
Tuesday, April 2, 10.45	Yoga. Contact Mave 07789 511124	HEDCA, Combe Road, Elson, PO12 4JB
Wednesday, April 3, 11:30 -14:00	Highlands Hub MOOT. Contact Lorraine 07504 620979	The Highlands Hub, 103 Highlands Road, Fareham, PO15 6HZ
Thursday, April 4, 13:00- 15:00	Movement with Marion Contact Jenny on 07974 660461	Titchfield Community Centre, Mill St, Titchfield, Fareham, PO14 4AB
Friday, April 5, 11:30	Golden Bowler MOOT. Contact Di 07990 554656 or Penny 07776 304359	The Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Friday, April 5, 19:00- 21:00	An Evening with Jenny Docherty – medium, raising funds for MS Society. Contact Jan 07742 400242	The Holiday Inn, Cartwright Drive, Titchfield, PO15 5RJ. This event is a fundraiser organised and run by Don't MS with Us
Saturday, April 6, 10:30- 12:30	Bohemian Rhapsody at Ritz Cinema, contact Tina 07970 539235	St Vincent College, Mill Lane, Gosport, PO12 4QA
Monday, April 8, 11:00	Craft – Please contact Ruth 07817 358672	The Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Monday, April 8, 13:45	Pilates. Contact Jenny on 07974 660461	Lee on Solent Community Centre, 51 Twyford Drive, Lee-on-Solent PO13 8JU

Wednesday, April 10, 14:00 to 16:00	Westbury Manor Museum MOOT. Contact Jo on 07758 699080	Westbury Manor Museum, Westbury Manor, 84 West Street, Fareham, PO16 0JJ
Thursday, April 11, 10:30	Physio-led exercises. Contact Juliette on 02392 581406	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Friday, April 12, 9:00-17:00	FLAG COLLECTION contact Steve Irving 07976 054003	Tesco, Bursledon, Southampton, SO31 8GN
Monday, April 15, 13:45	Pilates. Contact Jenny on 07974 660461	Lee on Solent Community Centre, 51 Twyford Drive, Lee-on-Solent PO13 8JU
Tuesday, April 16, 10.45	Yoga. Contact Mave Hiseman 07789 511124	HEDCA, Combe Road, Elson, PO12 4JB
Wednesday, April 17, 14:00 to 16:00	Gosport Discovery Centre MOOT. Contact Jo on 07758 699080	Gosport Discovery Centre (library), High Street, PO12 1BT
Thursday, April 18, 13:00-15:00	Movement with Marion Contact Jenny on 07974 660461	Titchfield Community Centre, Mill St, Titchfield, Fareham, PO14 4AB
Tuesday, April 23, 09:00 to 14:30	FLAG COLLECTION Contact George McAleese 07825 410680	Stall for MS week, Gosport High Street Market.
Wednesday, April 24, 12noon to 14:00	Strawberry Field Tavern MOOT, Contact Tina on 07970 539235	Strawberry Field Tavern, Locks Heath Centre, Central Way, Southampton, SO31 6DX
Thursday, April 25, 10:30	Physio-led exercises. Contact Juliette on 02392 581406	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Monday, April 29, 13:45	Pilates. Contact Jenny on 07974 660461	Lee on Solent Community Centre, 51 Twyford Drive, Lee-on-Solent PO13 8JU
Tuesday, April 30, 10.45	Yoga. Contact Mave 07789 511124	HEDCA, Combe Road, Elson, PO12 4JB
Wednesday, May 1, 11:30-14:00	Wheelhouse Chalet, contact Yvonne 01329 286207	Wheelhouse, Salterns Lane, Hillhead, PO14 3LR
Wednesday, May 1, 11:30-14:00	Highlands Hub MOOT. Contact Lorraine 07504 620979	The Highlands Hub, 103 Highlands Road, Fareham, PO15 6HZ
Friday, May 3, 11:30	Golden Bowler MOOT. Contact Di 07990 554656 or Penny 07776 304359	The Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ

General queries – Juliette Hewitt 02392 581406; **Group Coordinator** – George McAleese 07825 410680;

Finance Volunteer – John Habberley 01489 572899; **Fundraiser** – Steve Irving 07976 054003;

Welfare (if you would like a chat!) – Julie Hawksworth 01329 510819;