

Gosport and Fareham Multiple Sclerosis Group –Dec 2017-March 2018

Date	What	Where
Thursday, December 7, 10.30am	Physio (MS nurse unable to attend)	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Monday, December 11, 11am	Craft – making Christmas cards with Jo	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Tuesday, December 12, 10.45am	Yoga – last before Christmas	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, December 14, 1pm	White Hart Christmas lunch	The White Hart, Stoke Road, Gosport
Wednesday, December 20, 2-4pm	Tea and Chat. Jo on 07758 699080	Gosport Discovery Centre ie the library, High Street, PO12 1BT
Thursday, December 21, 10.30am	Physio – followed by buffet lunch and raffle (MS nurse attending)	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Friday, December 22, from 9am	Collection at Tesco's North Harbour – Steve Irving 07976 054003	Clement Attlee Way, Portsmouth PO6 4SR
Thursday, January 4, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Monday, January 8, 11am	Craft with Rachael	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Tuesday, January 9, 10.45am	Yoga restarts after Christmas	HEDCA, Combe Road, Elson, PO12 4JB
Saturday, January 13, 6.30 for 7pm	New Year Dinner	Palmerston Bowling Club, Palmerston Business Park, Palmerston Dr, Fareham PO14 1DJ
Wednesday, January 17, 2-4pm	Tea and Chat. Jo on 07758 699080	Gosport Discovery Centre ie the library, High Street, PO12 1BT
Thursday, January 18, 10.30am	Physio – nurse attending	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, January 23, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Thursday, February 1, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, February 6, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Monday, February 12, 11am	Craft – theme TBA	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Thursday, February 15, 10.30am	Physio – nurse attending	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, February 20, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Wednesday, February 21, 2-4pm	Tea and Chat. Jo on 07758 699080	Gosport Discovery Centre ie the library, High Street, PO12
Thursday, March 1, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, March 6, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Monday, March 12, 11am	Craft – theme TBA	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Thursday, March 15, 10.30am	Physio – nurse attending	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, March 20, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Wednesday, March 21, 2-4pm	Tea and Chat. Jo on 07758 699080	Gosport Discovery Centre ie the library, High Street, PO12
Thursday, March 29, 10.30am	Physio	St Mary's Parish Centre, Green Road, Alverstoke, PO12 2ET
CONTACT NUMBERS	OVER PAGE	SO PTO!!!

General queries – Juliette Hewitt 02392 581406; **Yoga/coffee mornings/chalet** – Mave Hiseman 02392 641124; **Craft** – Ruth Moorhen 01329 318451;
Chairman – George McAleese 07825 410680; **Treasurer** – John Habberley 01489 572899;
Welfare (if you would like a chat!) – Julie Hawksworth 01329 510819; **Social secretary** – Siân Barker 07896 140157;
Fundraiser – Steve Irving 07976 054003; **Monthly library meeting** – Jo Bardall 07758 699080.