

Gosport and Fareham Multiple Sclerosis Group –March-May 2018

Date	What	Where
Monday, March 12, 11am	Craft – printing and stamping with Jo	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Thursday, March 15, 10.30am	Physio – nurse attending	St Mary’s Parish Centre, Green Road, Alverstoke, PO12 2ET
Friday, March 16, from 9am	Collection at Tesco’s, Grange Rd, Gosport, PO13 8ZW	Phone Steve Irving 07976 054003
Tuesday, March 20, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Wednesday, March 21, 2-4pm	Tea and Chat. Jo on 07758 699080	Gosport Discovery Centre ie the library, High Street, PO12 1BT
Thursday, March 29, 10.30am	Physio	St Mary’s Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, April 3, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Friday, April 6, from 9am	Collection – Asda, Dock Road, Gosport PO12 1SH	Phone Steve Irving 07976 054003
Monday, April 9, 11am	Craft - TBA	Golden Bowler, 122 Stubbington Lane, Fareham, PO14 2NQ
Thursday, April 12, 10.30am	Physio	St Mary’s Parish Centre, Green Road, Alverstoke, PO12 2ET
Saturday, April 14, 7-10pm	Quiz and fish & chips evening PLEASE FILL IN ENCLOSED FORM AND SEND TO SIÂN BARKER	Lee Community Centre, 51 Twyford Dr, Lee-on-the-Solent PO13 8JU
Tuesday, April 17, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Wednesday, April 18, 10-12 noon	Pilates. Contact Jenny Jessup 07974 660461	Lee on Solent Tennis Club, Function Room, 41-47 Manor Way, Lee-on-the-Solent PO13 9JQ
Wednesday, April 18, 2-4pm	Tea and Chat. Jo on 07758 699080	Gosport Discovery Centre ie the library, High Street, PO12 1BT
Tuesday, April 24, from 9am	Market stall. George McAleese on 07825 410680 if you can help or have items we could sell	Gosport High Street
Wednesday, April 25, 10-12 noon	Pilates. Contact Jenny Jessup 07974 660461	Lee on Solent Tennis Club, Function Room, 41-47 Manor Way, Lee-on-the-Solent PO13 9JQ
Thursday, April 26, 10.30am	Physio	St Mary’s Parish Centre, Green Road, Alverstoke, PO12 2ET
Tuesday, May 1, 10.45am	Yoga	HEDCA, Combe Road, Elson, PO12 4JB
Wednesday, May 2, 10-12 noon	Pilates. Contact Jenny Jessup 07974 660461	Lee on Solent Tennis Club, Function Room, 41-47 Manor Way, Lee-on-the-Solent PO13 9JQ
Wednesday, May 2, 11.30am	Chalet. Contact Mave Hiseman 02392 641124	The Wheel House Chalet, Salterns Lane Hillhead PO14 3LR

General queries – Juliette Hewitt 02392 581406; **Yoga/coffee mornings/chalet** – Mave Hiseman 02392 641124; **Craft** – Ruth Moorhen 01329 318451; **Chairman** – George McAleese 07825 410680; **Treasurer** – John Habberley 01489 572899; **Welfare** (if you would like a chat!) – Julie Hawksworth 01329 510819; **Social secretary** – Siân Barker 07896 140157; **Fundraiser** – Steve Irving 07976 054003; **Monthly library meeting** – Jo Bardall 07758 699080.
Pilates – Jenny Jessup 07974 660461